



SIME DARBY MEDICAL CENTER ARA DAMANSARA



“We envision the new facility will be the largest private neuroscience, heart, and spine and joint center of excellence in the country.”

—Tan Sri Dato’ Dr. Wan Zahid Mohd Noordin, Sime Darby Healthcare board chairman



Centers of Excellence

- Brain Center
- Heart Center
- Spine and Joint Center

Leading Services

- Health Screening Center with specialized screening packages
- International Patient Center
- Rehabilitation Center
- Diagnostics and Imaging Center featuring a Flash Dual-Source CT Scanner and 3-Tesla MRI
- Bedside admission

LOCATED IN SELANGOR, one of Malaysia’s most populated and prosperous states, Sime Darby Medical Center Ara Damansara (SDMC Ara Damansara) is a full-service hospital with a wide array of specialties as well as three centers of excellence dedicated to the diagnosis and treatment of heart, brain, and spine and joint diseases. Opened in 2012, this 220-bed facility is Sime Darby Healthcare’s third in Malaysia, after the group’s flagship hospital in Subang Jaya and Specialist Center Megah in Petaling Jaya.

Just 20 minutes outside Kuala Lumpur, SDMC Ara Damansara is located a five-minute drive from Skypark Subang Terminal, which serves the Subang Airport, and a 45-minute drive from the Kuala Lumpur International Airport (KLIA) and the Low Cost Carrier Terminal (LCCT).

Patient experience is paramount to Sime Darby Healthcare, and both management and medical staff emphasize “the four Cs” of compassion, care, comfort, and convenience. Embodying this dedication, SDMC Ara Damansara’s facilities provide a welcoming, aesthetically pleasing environment to give patients peace of mind and the feeling of a “home away from home.”

The hospital’s elegant, eco-friendly rooftop gardens give patients and visitors a place to relax, and conveniences such as bedside admission create a comfortable atmosphere. To complement the commitment to patient experience, SDMC Ara Damansara offers cutting-edge diagnostic and treatment technologies and a sophisticated hospital management information system.

In this special preview edition of *Patients Beyond Borders Focus On*, the editors of *Patients Beyond Borders* invite you to learn more about SDMC Ara Damansara and the many ways this new facility extends Sime Darby’s commitment to patient care both in Malaysia and around the world.



The *Patients Beyond Borders Focus On*™ series gives patients an in-depth look at the facilities and medical offerings of leading international hospitals and specialty centers.

Visit patientsbeyondborders.com for more information and additional patient resources.

PREVIEW

LEADING SPECIALTIES

“Sime Darby Medical Center Ara Damansara will focus on quality, safety, and continuous improvement, especially in areas that most directly impact patient care.”

—ELAINE CHEONG, CEO
of Sime Darby Healthcare’s
medical business unit

Patient-Friendly Facilities

- Elegant, welcoming lobby
- Reception center with concierge services
- Spacious, well-appointed ward rooms, some with private gardens
- Premier consultation suite with lounge for privacy
- 30 consultant suites with comfortable waiting lounges
- 5 well-equipped operating rooms
- 2 state-of-the-art cardiovascular laboratories
- 24-hour emergency room with resuscitation unit
- Onsite pharmacy
- Daycare center
- Rehabilitation Center with hydrotherapy pool

Cutting-Edge Diagnostic and Therapeutic Technology

- 3-Tesla MRI scanner
- Ablation Frontiers Cardiac Ablation System
- Bi-plane angiography system
- Electrophysiology system
- Flash Dual-Source CT scanner (low dose)
- PET scanner
- SPECT scanner

SDMC Ara Damansara is a full-service tertiary-care hospital with three centers of excellence focused on neurology, cardiology, and orthopedics. Each center offers an integrated approach to care supported by leading-edge diagnostic and treatment technology. Rehabilitative services are broadly incorporated and include occupational therapy, electrotherapy for neuromuscular conditions, stroke rehabilitation, and neurospinal rehabilitation. The Child Development Unit supports pediatric rehabilitation with programs from early intervention to multisensory integration.



Brain Center

SDMC Ara Damansara’s Brain Center features a full range of treatments and services designed to meet the needs of adult and pediatric patients with brain and nervous system disorders. The center offers sophisticated technologies that enhance early diagnosis and treatment of stroke, brain tumor, epilepsy, dementia, migraines, sleep disorders, neuromuscular diseases, and other neurological disorders.

The center uses a Flash Dual-Source CT scanner to provide high-definition images with the lowest possible radiation exposure. Additional diagnostic equipment includes 3-Tesla magnetic resonance imaging (MRI) as well as single-photon emission computed tomography (SPECT) and positron emission tomography (PET). These top-quality scanners ensure precise diagnosis for effective treatment and aftercare.

The center also provides a full range of medical, neurosurgical, and interventional capabilities with 24-hour access to care for patients with ischemic or hemorrhagic stroke and brain aneurysm. This dedicated, multidisciplinary team provides rapid diagnosis and treatment of stroke patients, helping them to both improve recovery and reduce the risk of future stroke.

The center also features a comprehensive Epilepsy Management Program with a broad range of diagnostic and treatment options for adults and children who suffer from seizures or recurring epileptic episodes. The program’s experienced

medical and surgical team is supported by advanced equipment including 24-hour electroencephalography (EEG) and video monitoring to help determine the incidence, frequency, and category of patients’ seizures.

Heart Center

Your heart is your body’s most hard-working organ and also one of the most overlooked. And, as many people take their heart’s health for granted, heart disease is still the number one killer worldwide.

Over the past 27 years, Sime Darby’s medical facilities have carried out thousands of complex diagnostic and therapeutic cardiac services, including bypass and open-heart surgeries. The new Ara Damansara facility offers a one-stop heart center, providing a full spectrum of services in the diagnosis and treatment of cardiovascular diseases for adults and children.

Center staff include several internationally known cardiologists, cardiac surgeons, and pediatric cardiologists, supported by a dedicated critical care team. A complete diagnostics and imaging center allows physicians to perform specialized procedures for cardiac care, including coronary calcium scanning, stress electrocardiography, echocardiography, transesophageal echocardiography, cardiac event recording, and Holter monitoring. Two fully equipped cardiovascular laboratories enable intracardiac electrophysiology study, coronary angiography and angioplasty, and vascular and interventional radiology procedures.

The Heart Center specializes in congenital heart disease, coronary artery disease, irregular heartbeat, palpitations, and heart failures. In addition to interventional cardiology, treatments offered include radiofrequency ablation, permanent pacemaker insertion, cardiothoracic surgeries, and cardiac rehabilitation, as well as psychological and nutritional counseling.

Spine and Joint Center

Flexibility of movement is a freedom that we should all enjoy. When aches and pains rob us of that freedom, the problem can be resolved with the right help.

SDMC Ara Damansara’s Spine and Joint Center uses advanced technology in combination with a dedicated team of doctors and medical professionals to offer a holistic approach to the diagnosis and treatment of spine and joint diseases. The center provides a wide range of specialized services such as minimally invasive spinal surgeries and computer-assisted total joint replacements.

The Spine and Joint Center is complemented by a fully equipped, state-of-the-art rehabilitation facility, which includes a hydrotherapy pool. Rehabilitative services are tailored to meet the needs of each patient and support the best possible treatment outcome.



Health Screening Center

Preventive medicine is the new normal in today’s progressive society. Patients no longer need to wait for symptoms to reveal that something is not right. Preventive health screenings allow patients to take a proactive stance with health checks that detect abnormalities early and enable clinicians to stop the possible progression of disease.

Specially designed health screening packages* at SDMC Ara Damansara include:

- **Basic**
recommended for those below age 25
Cost: RM258 (US\$86)
- **Wellness**
recommended for those aged 25–35
Cost: RM398 (US\$132)
- **Comprehensive**
recommended for those aged 35–45
Cost: RM705–927 (US\$233–306)
- **Cardiac**
recommended for those over age 45
Cost: RM1,425 (US\$470)
- **Stroke Screening**
recommended for those over age 45
Cost: RM1,787–3,380 (US\$590–1,116)

*Note: Promotional prices are per person and are valid until 31 December 2013. Conversion to US dollars reflects us\$1 = rm3.03 exchange rate. Visit simedarbyhealthcare.com for additional details.



INTERNATIONAL PATIENT RESOURCES

THE INTERNATIONAL PATIENT CENTER (IPC) at SDMC Ara Damansara provides an extensive range of services for medical travelers, including appointment scheduling, assistance with travel arrangements and visas, accommodation arrangements at special rates, airport pickup and dropoff, medical referrals, and translation for a variety of languages. Patients can use the doctor search feature on sime-darbyhealthcare.com to find their preferred doctor.

The IPC team can also help to arrange for in-country medical concierge services to accompany patients from arrival at the airport through check-in at the prearranged hotel. IPC staff can help convert “visa on arrival” status for international patients entering Malaysia for emergency medical treatment and can expedite approvals for visa extensions. Staff at the center can also help patients plan a relaxing recovery vacation at any Malaysian destination.



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